



Drug Instructions for Nitrostat sublingual Tablet

用藥指導-耐絞寧舌下錠(英文)

Tradename : Nitrostat sublingual Tablet

Active-Ingredient : Nitroglycerin 0.6mg each tablet

Indications : Angina pectoris; Treatment and Prophylaxis

Usage and Dosage

1. When patients suffer from chest pains, to relieve the symptom, they should take a tablet of Angina pectoris every 5 minutes for three times. If the symptom persists after 3 dosages, proceed to the hospital as soon as possible and notify physicians that you have taken 3 tablets of Angina pectoris.
2. For prophylactic use, patients should take a tablet of Angina pectoris 5 to 10 minutes prior to engaging in activities that might induce an attack.
3. Angina pectoris is a sublingual tablets, as its literal meaning; chewing, swallowing, and crushing would not provide the purpose of relieving chest pain.
4. It is best for patients to sit down when taking such medicine because they could suffer from dizziness, lightheaded, or faintness.

Storage and Stability

1. Avoid direct sunlight, heat, and humidity; keep it between 15-30°C. Put sublingual tablets in its original glass container tightly capped. Do not store tablets in plastic containers because tablets are vulnerable to plastic components.

2. The effect of the medicine is greatly reduced once it is stored improperly or exposed to heat, air, and humidity.
3. Keep all medicine out of reach from children.

Possible Side Effects

1. When the effect of the medicine kicks in, there are possible migraine headache and cluster headaches. Do not stop medication at will because of the aforementioned attributions.
2. Notify your doctor if there is any side effect like allergic reaction, dry mouth, blurred vision, dizziness, and increased chest pain.

Precautions

1. Keep Angina pectoris handy at all times or carry it along with you.
2. Be sure to have enough dosages for holidays. Do not keep outdated medicine.
3. When Angina pectoris is taken and placed under patients' tongue, there is burning feeling and patients should not deem it as a negative effect of the medicine.
4. After taking Angina pectoris, do not eat, drink, or smoke cigarette for at least 5 to 10 minutes.
5. Do not drive any vehicle, operate machines, or do anything hazardous because Angina pectoris incurs dizziness.
6. Notify your doctor or physician if you are pregnant or breast feeding your baby.
7. Notify your doctor and pharmacist if you are allergic to nitroglycerin or alike.
8. You should not use this medicine with Viagra®, Cialis®, Levitra®